

Albany Community Triathlon 2019 Heat Assignments: by NAME

Bib #	Heat #	Start Time	First Name	Last Name	Division	RELAY NAME / RELAY CAPTAIN
843	8	9:45	Heike	Abeck	Individual ADULT (18+)	
981	5	9:00	Lukas	Abeck Sanetra	Individual YOUTH (9-17)	
762	4	8:45	Kalei	Achiu	Individual ADULT (18+)	
815	6	9:15	Jay	Adwere-Boamah	Individual YOUTH (9-17)	
814	6	9:15	Kwame	Adwere-Boamah	Individual ADULT (18+)	
793	5	9:00	Rebecca	Ahlfeldt	Relay Team ADULT or MIXED	Santa Fe 500 / Mari Willits
801	6	9:15	Murtuza	Alladin	Individual ADULT (18+)	
948	SY3	11:30	Cameron	Bagarinao	SUPER YOUTH Short Course (7-10)	
850	8	9:45	Jill	Barash	Individual ADULT (18+)	
792	5	9:00	Jackie	Barsh	Relay Team ADULT or MIXED	Finish or Bust! / Jerri Holan
799	5	9:00	Andre	Basler	Individual ADULT (18+)	
914	SY1	11:00	Finley	Basler	SUPER YOUTH Short Course (7-10)	
800	5	9:00	Romy	Basler	Individual ADULT (18+)	
915	SY1	11:00	Alexander	Becker	SUPER YOUTH Short Course (7-10)	
715	1	8:00	Eric	Becker	Individual ADULT (18+)	
775	4	8:45	Marcia	Belvin	Individual ADULT (18+)	
894	10	10:15	Divya	BenDavid	Relay Team YOUTH (9-17)	The Trilingual Girls / Divya BenDavid
846	8	9:45	Robin	Beringer	Individual ADULT (18+)	
795	5	9:00	DanDan	Betser	Relay Team YOUTH (9-17)	DIL / Gil Gvishi
791	5	9:00	Susan	Blew	Relay Team ADULT or MIXED	BP Chargers / Susan Blew
779	4	8:45	Emily	Bohr	Relay Team YOUTH (9-17)	the go go girls / Gabriella griffin
765	4	8:45	Torey (Victoria)	Bookstein	Individual ADULT (18+)	
847	8	9:45	Jordan	Brand	Individual ADULT (18+)	
982	5	9:00	Aviva	Branoff	Relay Team ADULT or MIXED	Team Recovery / Elizabeth Friedman
982	5	9:00	Judah	Branoff	Relay Team ADULT or MIXED	Team Recovery / Elizabeth Friedman
985	5	9:00	Judah	Branoff	Relay Team ADULT or MIXED	Team Wow / Steve Branoff
985	5	9:00	Steve	Branoff	Relay Team ADULT or MIXED	Team Wow / Steve Branoff
862	9	10:00	Catherine	Browning	Individual ADULT (18+)	
735	2	8:15	Helen	Budworth	Individual ADULT (18+)	
876	9	10:00	Kevin	Bundy	Individual ADULT (18+)	
844	8	9:45	Evan	Byun	Individual YOUTH (9-17)	
722	2	8:15	Katherine	Calvert	Individual ADULT (18+)	
766	4	8:45	Kathleen	Carrier	Individual ADULT (18+)	
887	10	10:15	Nery	Castillo-McIntyre	Individual ADULT (18+)	
869	9	10:00	Peter	Chamberlain	Individual YOUTH (9-17)	
895	10	10:15	Angus	Chandler	Individual ADULT (18+)	
808	6	9:15	Evan	Chang-Siu	Individual ADULT (18+)	
944	SY3	11:30	Josephine	Chatman	SUPER YOUTH Short Course (7-10)	
730	2	8:15	Rachel	Chatman	Individual ADULT (18+)	
945	SY3	11:30	Emma	Chin	SUPER YOUTH Short Course (7-10)	
919	SY1	11:00	Leah	Cline	SUPER YOUTH Short Course (7-10)	
738	2	8:15	Samantha	Colah	Individual YOUTH (9-17)	
816	6	9:15	Jesse	Collins	Individual ADULT (18+)	
949	SY3	11:30	Mion	Collins	SUPER YOUTH Short Course (7-10)	
872	9	10:00	Christy	Conlin	Individual ADULT (18+)	
718	1	8:00	Azul	Couzens	Individual ADULT (18+)	
889	10	10:15	Michiko	Curtis	Individual ADULT (18+)	
703	1	8:00	Drew	DeFever	Individual ADULT (18+)	
732	2	8:15	Amy	DeHart	Individual ADULT (18+)	
905	SY1	11:00	Ellie	DeHart	SUPER YOUTH Short Course (7-10)	
733	2	8:15	Mya	DeHart	Individual YOUTH (9-17)	
930	SY2	11:15	Enzo	Djavaherian	SUPER YOUTH Short Course (7-10)	
848	8	9:45	Christopher	Donahue	Individual ADULT (18+)	
894	10	10:15	Zazie	Duchene	Relay Team YOUTH (9-17)	The Trilingual Girls / Divya BenDavid
792	5	9:00	Stephan	Dunkle	Relay Team ADULT or MIXED	Finish or Bust! / Jerri Holan
890	10	10:15	Vasha	DuTell	Individual ADULT (18+)	
884	10	10:15	Nikko	Eckman	Individual YOUTH (9-17)	
882	10	10:15	Noadiah	Eckman	Individual ADULT (18+)	
793	5	9:00	Megan	Ethridge	Relay Team ADULT or MIXED	Santa Fe 500 / Mari Willits
747	3	8:30	Greg	Fernbacher	Individual ADULT (18+)	
953	SY3	11:30	Kaisei	Ferris	SUPER YOUTH Short Course (7-10)	
806	6	9:15	Milan	Ferus-Comelo	Individual YOUTH (9-17)	
719	1	8:00	Carson	Field	Relay Team ADULT or MIXED	Fieldsmoor / Lessly Field
719	1	8:00	Hank	Field	Relay Team ADULT or MIXED	Fieldsmoor / Lessly Field
719	1	8:00	Lessly	Field	Relay Team ADULT or MIXED	Fieldsmoor / Lessly Field
833	7	9:30	Ryan	Fouzdar	Individual YOUTH (9-17)	

855	8	9:45	Ben	Frates	Individual YOUTH (9-17)	
853	8	9:45	Marcus	Frates	Individual ADULT (18+)	
854	8	9:45	Sandy	Frates	Individual ADULT (18+)	
982	5	9:00	Elizabeth	Friedman	Relay Team ADULT or MIXED	Team Recovery / Elizabeth Friedman
929	SY2	11:15	Mykenzie	Fung	SUPER YOUTH Short Course (7-10)	
863	9	10:00	Margarita	Galaviz	Individual ADULT (18+)	
875	9	10:00	Francisco	Gaona	Individual ADULT (18+)	
861	8	9:45	Dayton	Garrett	Individual YOUTH (9-17)	
934	SY2	11:15	Natalia	Gawlikowski	SUPER YOUTH Short Course (7-10)	
841	7	9:30	Dave	Gilson	Individual ADULT (18+)	
821	6	9:15	Ben	Gilson-Rome	Individual YOUTH (9-17)	
909	SY1	11:00	Ryan	Go	SUPER YOUTH Short Course (7-10)	
753	3	8:30	Adrian	Gonzalez	Individual YOUTH (9-17)	
752	3	8:30	Alexander	Gonzalez	Individual YOUTH (9-17)	
751	3	8:30	Eric	Gonzalez	Individual YOUTH (9-17)	
952	SY3	11:30	Macey	Goodson	SUPER YOUTH Short Course (7-10)	
770	4	8:45	Sue	Goose	Individual ADULT (18+)	
817	6	9:15	Barbara	Grady-Ayer	Individual ADULT (18+)	
886	10	10:15	Arcata	Griffin	Relay Team YOUTH (9-17)	Cats, Ducks and Pugs / Arcata Griffin
779	4	8:45	Gabriella	Griffin	Relay Team YOUTH (9-17)	the go go girls / Gabriella griffin
885	SY2	11:15	Oak	Griffin	SUPER YOUTH Short Course (7-10)	
795	5	9:00	Gil	Gvishi	Relay Team YOUTH (9-17)	DIL / Gil Gvishi
794	5	9:00	Ron	Gvishi	Individual YOUTH (9-17)	
828	7	9:30	Sara	Harmon	Individual ADULT (18+)	
796	5	9:00	Amer	Hawari	Relay Team ADULT or MIXED	AAB / Astrid Juengling
987	5	9:00	Jessica	He	Relay Team YOUTH (9-17)	JoJoJennyJess / Joanna Qiu
903	SY1	11:00	Alex	Herbelin	SUPER YOUTH Short Course (7-10)	
764	4	8:45	Sarah	Herbelin	Individual ADULT (18+)	
711	1	8:00	Andrew	Herson	Individual ADULT (18+)	
851	8	9:45	Julie	Herson	Individual ADULT (18+)	
852	8	9:45	Victor	Herson	Individual ADULT (18+)	
832	7	9:30	Hailey	Hibler	Individual ADULT (18+)	
754	3	8:30	Cheri	Ho	Individual ADULT (18+)	
725	2	8:15	Dennis	Ho	Individual ADULT (18+)	
922	SY2	11:15	Jolene	Ho	SUPER YOUTH Short Course (7-10)	
741	3	8:30	Lisa	Ho	Individual ADULT (18+)	
727	2	8:15	Reyna	Ho	Individual YOUTH (9-17)	
726	2	8:15	Trisha	Ho	Individual YOUTH (9-17)	
792	5	9:00	Jerri	Holan	Relay Team ADULT or MIXED	Finish or Bust! / Jerri Holan
706	1	8:00	Michael	Holmes	Individual ADULT (18+)	
826	7	9:30	Jeong	Hong	Individual ADULT (18+)	
827	7	9:30	Ryan	Hong	Individual YOUTH (9-17)	
724	2	8:15	Chris	Hopkins	Individual ADULT (18+)	
709	1	8:00	Justin	Huang	Individual ADULT (18+)	
943	SY3	11:30	Reshmi	Humble	SUPER YOUTH Short Course (7-10)	
772	4	8:45	Corydon	Irie	Individual YOUTH (9-17)	
771	4	8:45	Donald	Irie	Individual ADULT (18+)	
837	7	9:30	Ben	Isaacson	Individual ADULT (18+)	
811	6	9:15	Matt	Iverson-Comelo	Individual ADULT (18+)	
870	9	10:00	Ana	Jackson	Individual ADULT (18+)	
819	6	9:15	Catherine	James	Individual ADULT (18+)	
810	6	9:15	Ellen	Jenkins	Individual ADULT (18+)	
796	5	9:00	Astrid	Juengling	Relay Team ADULT or MIXED	AAB / Astrid Juengling
744	3	8:30	Marla	Kamiya	Individual ADULT (18+)	
759	3	8:30	Kris	Kelly	Relay Team ADULT or MIXED	Team Nordenelly / Kris Kelly
924	SY2	11:15	Charlotte	Kestell	SUPER YOUTH Short Course (7-10)	
865	9	10:00	Sophie	Kestell	Individual YOUTH (9-17)	
834	7	9:30	Ismael	Khan	Individual YOUTH (9-17)	
986	5	9:00	Djem	Kissiov	Relay Team ADULT or MIXED	The Raulettes / Monisha Lensink-Vasan
740	2	8:15	Chris	Knight	Individual ADULT (18+)	
774	4	8:45	Jonathan	Knight	Individual ADULT (18+)	
776	4	8:45	Melissa	Knight	Individual YOUTH (9-17)	
748	3	8:30	Eric	Krimm	Individual ADULT (18+)	
750	3	8:30	Erica	Krimm	Individual YOUTH (9-17)	
749	3	8:30	Kelly	Krimm	Individual ADULT (18+)	
824	7	9:30	Otis	Landerholm	Individual ADULT (18+)	
860	8	9:45	Barbara	Large	Individual ADULT (18+)	
704	1	8:00	Robbie	Large	Individual ADULT (18+)	
867	9	10:00	Dave	Lausch	Individual ADULT (18+)	

868	9	10:00	Phac	Le Tuan	Individual ADULT (18+)	
807	6	9:15	Sebastien	Le Tuan	Individual ADULT (18+)	
986	5	9:00	Monisha	Lensink-Vasan	Relay Team ADULT or MIXED	The Raulettes / Monisha Lensink-Vasan
840	7	9:30	Katie	Lewis	Individual ADULT (18+)	
932	SY2	11:15	Valerie	Li	SUPER YOUTH Short Course (7-10)	
857	8	9:45	Winston	Li	Individual YOUTH (9-17)	
856	8	9:45	Yanping	Li	Individual ADULT (18+)	
891	10	10:15	Dan	Lieberman	Individual ADULT (18+)	
925	SY2	11:15	Amanda	Lin	SUPER YOUTH Short Course (7-10)	
866	9	10:00	Emily	Lin	Individual YOUTH (9-17)	
886	10	10:15	Xanthe	Litt	Relay Team YOUTH (9-17)	Cats, Ducks and Pugs / Arcata Griffin
874	9	10:00	Holly	Locke	Individual ADULT (18+)	
831	7	9:30	Lina	Lorenz	Individual YOUTH (9-17)	
859	8	9:45	Marie	Loverde	Individual ADULT (18+)	
990	5	9:00	Janet	Mack	Relay Team ADULT or MIXED	The Hopalongs / Kate Mehler
729	2	8:15	Nicole	Maderas	Individual ADULT (18+)	
988	5	9:00	Zoe	Maderas	Relay Team YOUTH (9-17)	The Sparkling EZA Unicorns / Zoe Maderas
818	6	9:15	Sushma	Magnuson	Individual ADULT (18+)	
931	SY2	11:15	Neko	Margolin	SUPER YOUTH Short Course (7-10)	
877	9	10:00	Stephanie	Marquet	Individual ADULT (18+)	
779	4	8:45	Allison	Martan	Relay Team YOUTH (9-17)	the go go girls / Gabriella griffin
984	5	9:00	Allison	Marten	Individual YOUTH (9-17)	
983	5	9:00	Bryan	Marten	Relay Team ADULT or MIXED	Oatmeal's Ready / Bryan Marten
983	5	9:00	Lucy	Marten	Relay Team ADULT or MIXED	Oatmeal's Ready / Bryan Marten
951	SY3	11:30	Akari	Matsushita	SUPER YOUTH Short Course (7-10)	
910	SY1	11:00	Hilde	McConnell	SUPER YOUTH Short Course (7-10)	
710	1	8:00	Rachel	McQueen	Individual ADULT (18+)	
702	1	8:00	Michael	Meehan	Individual ADULT (18+)	
990	5	9:00	Kate	Mehler	Relay Team ADULT or MIXED	The Hopalongs / Kate Mehler
985	5	9:00	Donna	Meir	Relay Team ADULT or MIXED	Team Wow / Steve Branoff
858	8	9:45	Gadi	Meir	Individual ADULT (18+)	
743	3	8:30	Beck	Melfi	Individual YOUTH (9-17)	
742	3	8:30	David	Melfi	Individual ADULT (18+)	
908	SY1	11:00	Rani	Millstein	SUPER YOUTH Short Course (7-10)	
721	2	8:15	Fei	Mok	Individual ADULT (18+)	
767	4	8:45	Antje	Moran	Individual ADULT (18+)	
778	4	8:45	Sean	Moran	Individual YOUTH (9-17)	
892	10	10:15	Kaveh	Motamedi	Relay Team ADULT or MIXED	Team Motamedi / Rick Motamedi
892	10	10:15	Rick	Motamedi	Relay Team ADULT or MIXED	Team Motamedi / Rick Motamedi
892	10	10:15	Zander	Motamedi	Relay Team ADULT or MIXED	Team Motamedi / Rick Motamedi
936	SY2	11:15	Sage	Murphy	SUPER YOUTH Short Course (7-10)	
820	6	9:15	Sarah	Murphy	Individual ADULT (18+)	
798	5	9:00	Tiegan	Nagafuji	Relay Team ADULT or MIXED	The Three Musketeers / Lucy Ravello
888	10	10:15	Anika	Nagpal	Individual YOUTH (9-17)	
988	5	9:00	Ella	Newman	Relay Team YOUTH (9-17)	The Sparkling EZA Unicorns / Zoe Maderas
798	5	9:00	Juliana	Nicosia	Relay Team ADULT or MIXED	The Three Musketeers / Lucy Ravello
797	5	9:00	Paolo	Nicosia	Individual ADULT (18+)	
759	3	8:30	Sophia	Nordenholz	Relay Team ADULT or MIXED	Team Nordenelly / Kris Kelly
759	3	8:30	Tom	Nordenholz	Relay Team ADULT or MIXED	Team Nordenelly / Kris Kelly
849	8	9:45	Philip	Obbard	Individual ADULT (18+)	
989	5	9:00	Ari	Oshry	Relay Team YOUTH (9-17)	Team Mochachino / Minna Oshry
989	5	9:00	Minna	Oshry	Relay Team YOUTH (9-17)	Team Mochachino / Minna Oshry
904	SY1	11:00	Alexandros	Padilla	SUPER YOUTH Short Course (7-10)	
731	2	8:15	David	Padilla	Individual ADULT (18+)	
878	9	10:00	Lynsey	Parker	Individual ADULT (18+)	
836	7	9:30	Lewis	Parkinson	Individual YOUTH (9-17)	
916	SY1	11:00	Stewart	Parkinson	SUPER YOUTH Short Course (7-10)	
717	1	8:00	Susan	Parkinson	Individual ADULT (18+)	
950	SY3	11:30	Zoe	Parsons	SUPER YOUTH Short Course (7-10)	
723	2	8:15	Harriet	Patterson	Individual ADULT (18+)	
780	4	8:45	Margaret	Paulovich	Individual YOUTH (9-17)	
763	4	8:45	Emalani	Perez	Individual YOUTH (9-17)	
886	10	10:15	Emalani	Perez	Relay Team YOUTH (9-17)	Cats, Ducks and Pugs / Arcata Griffin
714	1	8:00	Ric	Pipkin	Individual ADULT (18+)	
705	1	8:00	John	Polos	Individual ADULT (18+)	
923	SY2	11:15	Noah	Polos	SUPER YOUTH Short Course (7-10)	
791	5	9:00	Gianmarco	Puglis	Relay Team ADULT or MIXED	BP Chargers / Susan Blew
987	5	9:00	Joanna	Qiu	Relay Team YOUTH (9-17)	JoJoJennyJess / Joanna Qiu
838	7	9:30	Patty	Quinn	Individual ADULT (18+)	

939	SY2	11:15	Allyrose	Rangel	SUPER YOUTH Short Course (7-10)	
768	4	8:45	Christina	Rangel	Individual ADULT (18+)	
935	SY2	11:15	Paris	Rangel	SUPER YOUTH Short Course (7-10)	
955	SY3	11:30	Opal	Rao	SUPER YOUTH Short Course (7-10)	
842	8	9:45	Simana	Rao	Individual ADULT (18+)	
845	8	9:45	Mary	Raygoza	Individual ADULT (18+)	
716	1	8:00	Michael	Rice	Individual ADULT (18+)	
769	4	8:45	Kaleb	Ricks	Individual YOUTH (9-17)	
983	5	9:00	Valerie	Risk	Relay Team ADULT or MIXED	Oatmeal's Ready / Bryan Marten
798	5	9:00	Lucy	Rivello	Relay Team ADULT or MIXED	The Three Musketeers / Lucy Rivello
809	6	9:15	Barbara	Robben	Individual ADULT (18+)	
773	4	8:45	Jayne	Robert-Adams	Individual YOUTH (9-17)	
918	SY1	11:00	Lauren	Robleto	SUPER YOUTH Short Course (7-10)	
933	SY2	11:15	Eva	Saint-Andre	SUPER YOUTH Short Course (7-10)	
956	SY3	11:30	Shruthi	Sanghavi	SUPER YOUTH Short Course (7-10)	
757	3	8:30	Varun	Sanghavi	Individual YOUTH (9-17)	
823	7	9:30	Rachel	Sarah	Individual ADULT (18+)	
942	SY3	11:30	Camille	Sarah-Hopkins	SUPER YOUTH Short Course (7-10)	
755	3	8:30	Landon	Sasaki	Relay Team ADULT or MIXED	Team Sasaki / Monica Sasaki
755	3	8:30	Monica	Sasaki	Relay Team ADULT or MIXED	Team Sasaki / Monica Sasaki
755	3	8:30	Sydney	Sasaki	Relay Team ADULT or MIXED	Team Sasaki / Monica Sasaki
839	7	9:30	Kevin	Schwartz	Individual ADULT (18+)	
761	4	8:45	Andrea	Searby	Individual ADULT (18+)	
829	7	9:30	David	Shin	Individual ADULT (18+)	
745	3	8:30	Marc	Shinn-Krantz	Individual ADULT (18+)	
873	9	10:00	Deirdre	Sims	Individual ADULT (18+)	
894	10	10:15	Alice	Sinclair	Relay Team YOUTH (9-17)	The Trilingual Girls / Divya BenDavid
946	SY3	11:30	Kenta	Siu	SUPER YOUTH Short Course (7-10)	
947	SY3	11:30	Gemma	Snyder	SUPER YOUTH Short Course (7-10)	
926	SY2	11:15	Meadow	Snyder	SUPER YOUTH Short Course (7-10)	
990	5	9:00	Karen	Sorenson	Relay Team ADULT or MIXED	The Hopalongs / Kate Mehler
802	6	9:15	Sarah	Soto	Individual ADULT (18+)	
736	2	8:15	Serena	Speth	Individual ADULT (18+)	
777	4	8:45	Dan	St Andre	Individual ADULT (18+)	
911	SY1	11:00	Noah	Steele	SUPER YOUTH Short Course (7-10)	
822	7	9:30	Eva	Stern	Individual YOUTH (9-17)	
803	6	9:15	JONATHAN	STERN	Individual ADULT (18+)	
758	3	8:30	Vikram	Subramanian	Individual YOUTH (9-17)	
805	6	9:15	Adam	Sutro	Individual YOUTH (9-17)	
871	9	10:00	Bernadette	Talbot	Individual ADULT (18+)	
707	1	8:00	Britt	Tanner	Individual ADULT (18+)	
708	1	8:00	Bryce	Tanner	Individual ADULT (18+)	
907	SY1	11:00	Kai	Tanner	SUPER YOUTH Short Course (7-10)	
937	SY2	11:15	Devers	Tatum	SUPER YOUTH Short Course (7-10)	
902	SY1	11:00	Nico	Tierney	SUPER YOUTH Short Course (7-10)	
864	9	10:00	Thomas	Treffry	Individual ADULT (18+)	
796	5	9:00	Bill	Treseler	Relay Team ADULT or MIXED	AAB / Astrid Juengling
927	SY2	11:15	Brie	Tripolitano	SUPER YOUTH Short Course (7-10)	
928	SY2	11:15	Gina	Tripolitano	SUPER YOUTH Short Course (7-10)	
746	3	8:30	Kavita	Trivedi	Individual ADULT (18+)	
701	1	8:00	Steve	Trutane	Individual ADULT (18+)	
812	6	9:15	Chaffee	Vo-Vu	Individual ADULT (18+)	
756	3	8:30	Nicola	Wagenberg	Individual ADULT (18+)	
737	2	8:15	Yun	Wang	Individual ADULT (18+)	
734	2	8:15	Pelayo	Warner	Individual YOUTH (9-17)	
883	10	10:15	Imani	West	Individual YOUTH (9-17)	
793	5	9:00	Mari	Willits	Relay Team ADULT or MIXED	Santa Fe 500 / Mari Willits
912	SY1	11:00	Haley	Woelkers	SUPER YOUTH Short Course (7-10)	
957	SY3	11:30	Ethan	Wood	SUPER YOUTH Short Course (7-10)	
987	5	9:00	Jennifer	Yang	Relay Team YOUTH (9-17)	JoJoJennyJless / Joanna Qiu
830	7	9:30	Shigeyuki	Yoshioka	Individual ADULT (18+)	
988	5	9:00	Alice	Zeitler	Relay Team YOUTH (9-17)	The Sparkling EZA Unicorns / Zoe Maderas
954	SY3	11:30	Galen	Zeitler	SUPER YOUTH Short Course (7-10)	
739	2	8:15	Jennifer	Zeitler	Individual ADULT (18+)	
986	5	9:00	Lily	Zhang	Relay Team ADULT or MIXED	The Raulettes / Monisha Lensink-Vasan
804	6	9:15	MICHAEL	ZHOU	Individual YOUTH (9-17)	
835	7	9:30	Chao	Zhuang	Individual ADULT (18+)	
906	SY1	11:00	Jade	Zulich	SUPER YOUTH Short Course (7-10)	