

Albany Community Triathlon 2022 Heat assignments: Main course by NAME

FIRST NAME	LAST NAME	HEAT #	START TIME	BIB #	AGE	DIVISION	RELAY TEAM NAME
Heike	Abeck	8	9:45	166	49	Main Course - Individual ADULT (18+)	
Lukas	Abeck Sanetra	4	8:45	309	16	RELAY TEAM - Main Course - YOUTH (9-17)	Pop Tarts
Nathaniel	Aceron	8	9:45	315	28	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Leverage Originals
Jay	Adwere-Boamah	5	9:00	213	15	Main Course - Individual YOUTH (9-17)	
Kwame	Adwere-Boamah	5	9:00	212	51	Main Course - Individual ADULT (18+)	
Sahar	Aghajani	7	9:30	129	40	Main Course - Individual ADULT (18+)	
Hilary	Altman	2	8:15	330	51	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Team Altz
Betsy	Ami	7	9:30	116	55	Main Course - Individual ADULT (18+)	
Alec	Arditti	2	8:15	229	30	Main Course - Individual ADULT (18+)	
Seth	Bain	2	8:15	108	55	Main Course - Individual ADULT (18+)	
Kelly	Baptiste	8	9:45	228	41	Main Course - Individual ADULT (18+)	
Alexis	Barthes	6	9:15	104	11	Main Course - Individual YOUTH (9-17)	
Andre	Basler	1	8:00	163	48	Main Course - Individual ADULT (18+)	
Finley	Basler	1	8:00	162	13	Main Course - Individual YOUTH (9-17)	
Romy	Basler	1	8:00	161	43	Main Course - Individual ADULT (18+)	
Alexander	Becker	3	8:45	227	13	Main Course - Individual YOUTH (9-17)	
Eric	Becker	3	8:30	226	41	Main Course - Individual ADULT (18+)	
Marcia	Belvin	4	8:45	133	56	Main Course - Individual ADULT (18+)	
Sahra	Bhimji	8	9:45	241	45	Main Course - Individual ADULT (18+)	
Kurtis	Bonano	1	8:00	168	27	Main Course - Individual ADULT (18+)	
Victoria	Bookstein	8	9:45	338	50	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH Cats Are The Absolute Best Beings In The Universe	
Asher	Bookstein-Karp	8	9:45	340	14	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH Cats Are The Absolute Best Beings In The Universe	
Avi	Bookstein-Karp	8	9:45	339	11	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH Cats Are The Absolute Best Beings In The Universe	
Catherine	Browning	3	8:30	110	39	Main Course - Individual ADULT (18+)	
Matthew	Burton	1	8:00	176	49	Main Course - Individual ADULT (18+)	
Nery	Castillo-McIntyre	8	9:45	306	45	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Clan McIntyre
Jonathan	Chan	3	8:30	175	38	Main Course - Individual ADULT (18+)	
Phumin	Chansiri	5	9:00	211	14	Main Course - Individual YOUTH (9-17)	
erik	Clyman	7	9:30	225	38	Main Course - Individual ADULT (18+)	
Ella	Cody	6	9:15	135	11	Main Course - Individual YOUTH (9-17)	
Maya	Cody	5	9:00	204	14	Main Course - Individual YOUTH (9-17)	
Christine	Collaco	9	10:00	201	59	Main Course - Individual ADULT (18+)	
syndee	collison	3	8:30	320	62	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Bay Babes
Ross	Culverwell	8	9:45	196	53	Main Course - Individual ADULT (18+)	
Ellie	De Hart	5	9:00	139	13	Main Course - Individual YOUTH (9-17)	
Mya	De Hart	5	9:00	138	15	Main Course - Individual YOUTH (9-17)	
Amy	DeHart	5	9:00	137	47	Main Course - Individual ADULT (18+)	
Heather	Deliso Gordon	7	9:30	234	48	Main Course - Individual ADULT (18+)	
Christopher	Donahue	6	9:15	202	76	Main Course - Individual ADULT (18+)	
Max	Dupont	6	9:15	230	10	Main Course - Individual YOUTH (9-17)	
Theo	Dupont	6	9:15	231	12	Main Course - Individual YOUTH (9-17)	
Camille	Dyhr	3	8:30	156	29	Main Course - Individual ADULT (18+)	
Alison	Fisher	4	8:45	209	50	Main Course - Individual ADULT (18+)	
Joel	Freid	4	8:45	158	59	Main Course - Individual ADULT (18+)	
Elizabeth	Friedman Branoff	4	8:45	115	55	Main Course - Individual ADULT (18+)	
Jenny	Fu	5	9:00	318	45	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Flying Bricks
Jeremiah	Garrett-Pinguelo	8	9:45	236	39	Main Course - Individual ADULT (18+)	
Jonathan	Geller	2	8:15	103	49	Main Course - Individual ADULT (18+)	
Celis	Gibbs	8	9:45	316	25	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Leverage Originals
Stuart	Goose	9	10:00	244	54	Main Course - Individual ADULT (18+)	
Sue	Goose	9	10:00	243	54	Main Course - Individual ADULT (18+)	
Barbara	Grady	9	10:00	208	66	Main Course - Individual ADULT (18+)	
Hailin	Gugelmann	5	9:00	317	12	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Flying Bricks
Ken	Hale	4	8:45	125	54	Main Course - Individual ADULT (18+)	
Sean	Hayden	9	10:00	199	29	Main Course - Individual ADULT (18+)	
Alex	Herbelin	8	9:45	313	13	RELAY TEAM - Main Course - YOUTH (9-17)	Kai & Alex
Sarah	Herbelin	3	8:30	172	52	Main Course - Individual ADULT (18+)	
Steven	Hernandez	9	10:00	146	43	Main Course - Individual ADULT (18+)	
Andrew	Herson	3	8:30	122	44	Main Course - Individual ADULT (18+)	
Ari	Herson	6	9:15	124	11	Main Course - Individual YOUTH (9-17)	
Julie	Herson	2	8:15	123	39	Main Course - Individual ADULT (18+)	
Victor	Herson	6	9:15	113	74	Main Course - Individual ADULT (18+)	
Hailey	Hibler	1	8:00	173	44	Main Course - Individual ADULT (18+)	
Jerri	Holan	3	8:30	319	63	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Bay Babes
Cliff	Hong	4	8:45	233	46	Main Course - Individual ADULT (18+)	
Chris	Hopkins	2	8:15	107	59	Main Course - Individual ADULT (18+)	
Jerry	Hu	5	9:00	247	14	Main Course - Individual YOUTH (9-17)	
Willis	Huang	2	8:15	102	47	Main Course - Individual ADULT (18+)	
Cypress	Hudson	5	9:00	336	12	RELAY TEAM - Main Course - YOUTH (9-17)	The Ducks
Katie	Hudson	7	9:30	142	47	Main Course - Individual ADULT (18+)	
Mariflorence	Hudson	7	9:30	141	47	Main Course - Individual ADULT (18+)	
Jez	Humble	2	8:15	114	47	Main Course - Individual ADULT (18+)	
Lindsay	Imai Hong	4	8:45	232	45	Main Course - Individual ADULT (18+)	
Elise	Jackson	4	8:45	214	61	Main Course - Individual ADULT (18+)	
I-Chien	Jan	8	9:45	222	46	Main Course - Individual ADULT (18+)	
Reza	Javandel	7	9:30	190	51	Main Course - Individual ADULT (18+)	
Tenzin	Jungney	1	8:00	312	17	RELAY TEAM - Main Course - YOUTH (9-17)	Kev Allardice
Marla	Kamiya	6	9:15	150	65	Main Course - Individual ADULT (18+)	
Anna	Keenan	6	9:15	191	42	Main Course - Individual ADULT (18+)	
Patrick	Keenan	6	9:15	207	38	Main Course - Individual ADULT (18+)	
Kris	Kelly	7	9:30	183	48	Main Course - Individual ADULT (18+)	
Maximilian	Klein	9	10:00	216	34	Main Course - Individual ADULT (18+)	
Chris	Knight	9	10:00	186	37	Main Course - Individual ADULT (18+)	
Jonathan	Knight	4	8:45	132	57	Main Course - Individual ADULT (18+)	
Melissa	Knight	4	8:45	134	17	Main Course - Individual YOUTH (9-17)	
Jane	Kodumal	4	8:45	177	47	Main Course - Individual ADULT (18+)	
Heather	Komure-Chan	8	9:45	325	52	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Cornell Neighbors

Vivian	Kwok	2	8:15	205	44	Main Course - Individual ADULT (18+)	
Olivia	Kwong	5	9:00	343	12	RELAY TEAM - Main Course - YOUTH (9-17)	Ripped Koalas
Michelle	Lam	8	9:45	160	34	Main Course - Individual ADULT (18+)	
Maddox	Leite	5	9:00	223	14	Main Course - Individual YOUTH (9-17)	
Anna	Lemontt	3	8:30	174	41	Main Course - Individual ADULT (18+)	
Seb	Letuan	8	9:45	300	46	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Brooklyn Beach Bums
Dan	Lieberman	9	10:00	235	54	Main Course - Individual ADULT (18+)	
Jane	Lin	2	8:15	111	45	Main Course - Individual ADULT (18+)	
Jeffrey	Litt	6	9:15	187	38	Main Course - Individual ADULT (18+)	
Maochi	Liu	1	8:00	167	43	Main Course - Individual ADULT (18+)	
Jill	Loman	4	8:45	178	47	Main Course - Individual ADULT (18+)	
Lina	Lorenz	5	9:00	119	14	Main Course - Individual YOUTH (9-17)	
Brandon	Luce	1	8:00	238	54	Main Course - Individual ADULT (18+)	
John	Lugo	2	8:15	126	40	Main Course - Individual ADULT (18+)	
Ben	Lukas	8	9:45	323	69	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Cornell Neighbors
Ian	MacLeod	1	8:00	197	62	Main Course - Individual ADULT (18+)	
Anika	Maderas	2	8:15	328	11	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	MGs
Nicole	Maderas	2	8:15	326	46	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	MGs
Zoe	Maderas	2	8:15	327	14	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	MGs
KIRSTEN	MAHONEY	7	9:30	154	52	Main Course - Individual ADULT (18+)	
Helen Bae	Mankoski	4	8:45	193	53	Main Course - Individual ADULT (18+)	
Ernesto	Marin	7	9:30	127	38	Main Course - Individual ADULT (18+)	
Stephanie	Marquet	2	8:15	109	55	Main Course - Individual ADULT (18+)	
Bryan	Marten	8	9:45	332	54	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Key Route
India	McIntyre	8	9:45	308	10	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Clan McIntyre
Ulysses	McIntyre	8	9:45	307	7	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Clan McIntyre
Dianna	McKnight	6	9:15	188	37	Main Course - Individual ADULT (18+)	
Finn	McNamara	5	9:00	304	13	RELAY TEAM - Main Course - YOUTH (9-17)	The Mellow Fellows
Kristina	McNaught	1	8:00	153	54	Main Course - Individual ADULT (18+)	
Michael	Meehan	1	8:00	145	51	Main Course - Individual ADULT (18+)	
Liev	Melamed	5	9:00	245	12	Main Course - Individual YOUTH (9-17)	
Sean	Morello	1	8:00	311	17	RELAY TEAM - Main Course - YOUTH (9-17)	Key Allardice
Luelia	Morton	5	9:00	322	13	RELAY TEAM - Main Course - YOUTH (9-17)	Ripped Koalas
Markus	Mullarkey	9	10:00	192	52	Main Course - Individual ADULT (18+)	
Lara	Nekora	8	9:45	334	16	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Key Route
Drew	Nelson	1	8:00	194	36	Main Course - Individual ADULT (18+)	
Matthew	Newton	1	8:00	121	42	Main Course - Individual ADULT (18+)	
Paolo	Nicosia	9	10:00	215	54	Main Course - Individual ADULT (18+)	
Audrey	Nordenholz	7	9:30	185	15	Main Course - Individual YOUTH (9-17)	
Thomas	Nordenholz	3	8:30	184	54	Main Course - Individual ADULT (18+)	
Eric	Norman	3	8:30	164	71	Main Course - Individual ADULT (18+)	
Michael	Norman	3	8:30	195	41	Main Course - Individual ADULT (18+)	
Philip	Obbard	7	9:30	120	62	Main Course - Individual ADULT (18+)	
Ted	Ognibene	3	8:30	321	57	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Bay Babes
Minna	Oshry	4	8:45	210	16	Main Course - Individual YOUTH (9-17)	
Ethan	Owen	5	9:00	337	12	RELAY TEAM - Main Course - YOUTH (9-17)	The Ducks
Carolyn	Pan	2	8:15	105	44	Main Course - Individual ADULT (18+)	
Stewart	Parkinson	5	9:00	182	13	Main Course - Individual YOUTH (9-17)	
Susan	Parkinson	1	8:00	181	45	Main Course - Individual ADULT (18+)	
Lunarosa	Peralta	2	8:15	170	32	Main Course - Individual ADULT (18+)	
Veronica	Perez-Arana	8	9:45	140	52	Main Course - Individual ADULT (18+)	
Jonathan	Peri	6	9:15	240	11	Main Course - Individual YOUTH (9-17)	
Andrew	Peterman	7	9:30	128	46	Main Course - Individual ADULT (18+)	
Gabriel	Peterman	6	9:15	131	12	Main Course - Individual YOUTH (9-17)	
Isaac	Peterman	6	9:15	130	14	Main Course - Individual YOUTH (9-17)	
Naiya	Phillips	9	10:00	219	26	Main Course - Individual ADULT (18+)	
John	Polos	1	8:00	117	49	Main Course - Individual ADULT (18+)	
Taylor	Radke	2	8:15	239	32	Main Course - Individual ADULT (18+)	
Mary	Raygoza	7	9:30	136	34	Main Course - Individual ADULT (18+)	
Sharon	Reineman	8	9:45	324	70	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Cornell Neighbors
Valerie	Risk	8	9:45	333	50	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Key Route
Barbara	Robben	4	8:45	203	88	Main Course - Individual ADULT (18+)	
Kevin	Rocci	1	8:00	144	40	Main Course - Individual ADULT (18+)	
Leonid	Ronin	2	8:15	171	36	Main Course - Individual ADULT (18+)	
Rachel	Sarah	6	9:15	106	50	Main Course - Individual ADULT (18+)	
Terri	Scheid	3	8:30	159	52	Main Course - Individual ADULT (18+)	
Armin	Schneider	5	9:00	303	13	RELAY TEAM - Main Course - YOUTH (9-17)	The Mellow Fellows
Jasper	Schuetz	5	9:00	112	15	Main Course - Individual YOUTH (9-17)	
Kevin	Schwartz	2	8:15	329	52	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Team Altz
Milana	Schwartz	2	8:15	331	15	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Team Altz
Chris	Seguban	7	9:30	118	38	Main Course - Individual ADULT (18+)	
A. Francesca	Setiadi	4	8:45	189	44	Main Course - Individual ADULT (18+)	
Emily	Shepard	1	8:00	246	60	Main Course - Individual ADULT (18+)	
Avner	Shimron	3	8:30	220	44	Main Course - Individual ADULT (18+)	
Ethan	Shimron	3	8:30	221	12	Main Course - Individual YOUTH (9-17)	
Marc	Shinn-Krantz	7	9:30	165	36	Main Course - Individual ADULT (18+)	
Sarah	Soto	6	9:15	198	45	Main Course - Individual ADULT (18+)	
Wolf	Stephens	5	9:00	335	13	RELAY TEAM - Main Course - YOUTH (9-17)	The Ducks
Kathryn	Stine	3	8:30	180	46	Main Course - Individual ADULT (18+)	
Gavin	Taan	5	9:00	242	14	Main Course - Individual YOUTH (9-17)	
Britt	Tanner	3	8:30	147	45	Main Course - Individual ADULT (18+)	
Bryce	Tanner	3	8:30	148	51	Main Course - Individual ADULT (18+)	
Kai	Tanner	8	9:45	314	13	RELAY TEAM - Main Course - YOUTH (9-17)	Kai & Alex
Hannah	TerBeek	5	9:00	346	12	RELAY TEAM - Main Course - YOUTH (9-17)	Pandas
Robert	Tian	1	8:00	310	17	RELAY TEAM - Main Course - YOUTH (9-17)	Key Allardice
Paloma	Torres-Slavik	5	9:00	344	12	RELAY TEAM - Main Course - YOUTH (9-17)	Pandas
Ethan	Toyofuku	5	9:00	218	13	Main Course - Individual YOUTH (9-17)	
Bill	Treseler	8	9:45	237	63	Main Course - Individual ADULT (18+)	
Steve	Trutane	1	8:00	101	57	Main Course - Individual ADULT (18+)	
John	Turner	6	9:15	206	48	Main Course - Individual ADULT (18+)	
Julia	Turnsek	7	9:30	224	30	Main Course - Individual ADULT (18+)	

Elizabeth	Urbania	4	8:45	151	11	Main Course - Individual YOUTH (9-17)	
Karin	Van Duzer	3	8:30	155	35	Main Course - Individual ADULT (18+)	
Nate	Van Duzer	7	9:30	169	37	Main Course - Individual ADULT (18+)	
Kara	Vuicich	9	10:00	149	48	Main Course - Individual ADULT (18+)	
Alex	Wang	2	8:15	342	55	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	The Jaspers
Sarah	Ward	2	8:15	100	28	Main Course - Individual ADULT (18+)	
Noadiah	West	4	8:45	200	51	Main Course - Individual ADULT (18+)	
Maia	Wilsey	5	9:00	345	12	RELAY TEAM - Main Course - YOUTH (9-17)	Pandas
May	Wong	3	8:30	217	38	Main Course - Individual ADULT (18+)	
Silvia	Yee	2	8:15	341	55	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	The Jaspers
Lucas	Zhou	5	9:00	305	13	RELAY TEAM - Main Course - YOUTH (9-17)	The Mellow Fellows
Jade Marie	Zulich	8	9:45	301	14	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Brooklyn Beach Bums
Johnny Marcel	Zulich	8	9:45	302	9	RELAY TEAM - Main Course - ADULT or ADULT+YOUTH	Brooklyn Beach Bums